

Mother & Baby

NEWBORN BABY ESSENTIALS



FEEDING ESSENTIALS

- Nursing bra
- Breast pads
- Bottles/teats/bottle brush if not breastfeeding (around 8-10)
- Plenty of bibs (around 4-8)
- Muslin squares or burp cloths (you'll want a lot of these!)
- Breast pump (manual/hand or electric)
- Sterilising equipment: Steam steriliser, microwave steriliser bags, microwave steriliser or cold water steriliser
- Nipple cream
- Sleep bra

NAPPY CHANGING ESSENTIALS

- Changing mat
- Disposable nappies - you'll need around 2-3 boxes or reusable nappies - you'll probably need around 30
- Nappy rash cream
- Baby wipes
- Nappy bags or nappy bin
- Changing bag

CLOTHING ESSENTIALS

- Ten sleepsuits/baby grows/ long sleeved suits
- Ten vests/short-sleeved suits
- Cardigans/jackets
- Hats
- Scratch mittens (or you can buy sleep-suits with built in mittens if you prefer)

- Gentle laundry detergent and fabric conditioner
- Pram suit
- A few pairs of socks/booties (though if you're having a summer baby you may want to wait longer for these!)

BATHTIME ESSENTIALS

- Baby bath
- Hairbrush
- Bath thermometer
- Gentle baby bath soap
- Baby sponge
- Baby towel

BEDTIME & NURSERY ESSENTIALS

- Cot (plus mattress, sheets and blankets)
- Moses basket/crib (plus baby bedding including mattress, sheets and blankets)
- Sleeping bags
- Baby monitor
- Waterproof mattress covers
- Cellular blankets

HEALTH ESSENTIALS

- First aid kit
- Nail scissors
- Baby thermometer
- Calpol - it's a good idea to have some on hand to give them after their 8 week jabs

BABY GEAR ESSENTIALS

- Car seat
- Pram/buggy/travel system
- Sling or baby carrier

ADDED EXTRAS

- Baby lotion
- Soft hooded towels
- White noise machine
- Toy basket
- Swaddle
- Baby feeding pillow
- Bottle warmer
- Nursing chair
- 4-6 dummies
- Cradle cap brush
- Cradle cap shampoo
- Milk storage bags
- Dishwasher basket for small items
- High chair
- Snowsuit
- Nightlight
- Cot mobile
- Play mat
- Bouncy chair
- Hand muffs (a great one for winter)
- Toys
- Pram organiser